

COVID-19 GUIDANCE POLICY

A resumption of contact play is only achievable if those involved create and maintain a safe and controlled environment that minimised the threat of infection. The risk in sport cannot be completely eradicated but with caution and care, these risks can be reduced.

Parents and participants will have personal responsibility of deciding when to return to contact football, based on their own circumstances and the arrangements that have been implemented, both by the club and health practitioners/consultants, for a safe return. This is particularly vital for BAME communities, or those with underlying health conditions.

Those returning to grassroots football and competitive play, must adopt the following **CODE OF BEHAVIOUR**:

- I. **Awareness of personal health** – In accordance with NHS and government guidelines, if you display/experience any symptoms of COVID-19, you must stay at home, inform the NHS Test and Trace and seek medical advice: **see COVID-19 self-assessment advice below**.
- II. **Responsibility** - Read the guidance provided by the NHS, FA and First Touch Academy, to ensure you are aware of the risks and precautions, in preparation to return to grassroots sport. These may include, washing kit regularly, bringing your own water bottles ect.
- III. **Practise good hygiene** – Wash your hands regularly before and after games. Hand sanitiser will be provided for those who wish to use it prior to, during, or after the game.
- IV. **Social distancing** – This safety measure will not always be possible during practice and in a match environment (for example, when tackling an opponent); this is acceptable. However, it is your responsibility to maintain social distancing before and after games/training sessions.
- V. **NHS Test and Trace** – Existing players and new participants will be asked to provide details (full name, existing medical conditions, emergency contact details), in the event of COVID-19 transmission amongst players, those potentially infected can be traced, and others can be warned of the outbreak. Information will be collected/processed in accordance with the Data Protection Act 2018 and in line with GDPR principles. We are required to store information for a minimum of 21 days in accordance with the Government Recreational Team Sport Framework.
- VI. **Spitting** – Spitting and rinsing out of mouths prior to, during, or after games/training sessions is now a recognised risk to health, as informed by NHS, and must be avoided.

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COVID-19 SELF ASSESSMENT

All participants, spectators and coaches must undergo a self-assessment for any Covid-19 symptoms. You must not attend training sessions/games if yourself or someone within the household has any of the following:

- High temperature (above 37.8°C)
- A new or continuous cough
- A loss of, or change to, sense of smell/taste

This check should be done prior to attending each training session. Should any individual demonstrate such symptoms, they must not attend or participate in training sessions/games; follow NHS and PHE guidance on self-isolation. Anyone who has already been instructed to self-isolate by a health care practitioner or PHE, should continue to adhere to this advice and avoid participation.

*** Should you choose to attend First Touch Academy; you will need to provide written/verbal consent to the academy or Head coach. Familiarise yourself with the academy's COVID-19 policy, as well as Government guidelines, and ensure you are comfortable with these policies prior to attending. First Touch Academy will not be held responsible or liable for those who choose to attend, resulting in contraction of infection subsequent to your child attending training sessions/games.**

OUR RESPONSIBILITY

All volunteers/coaches/staff at First Touch Academy are responsible for undergoing a COVID-19 self-assessment prior to attending every training session/game; changes in medical status must be reported to Head coach, Elijah Ogunseye.

All equipment including: football bibs, goals frames, netting, footballs, agility poles, training cones, are cleaned/wiped thoroughly following every training session/game, using the appropriate disinfectant solution/detergents.

Hand sanitiser is made readily available at all training sessions/games; participants are advised to practice regular hand sanitisation and maintain good personal hygiene levels.

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RISK ASSESSMENT

1. Location

Department/Area	King George's Park, General ground (Public park), Burr Road, SW18 4SQ.
Assessment Date	August 2020
Accountable manager	Elijah Ogunseye

2. Summary of risks (with controls in place)

Assessment of Risk	Low	X	Medium	High	Very high
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3. Evaluation

This assessment is an accurate statement of the known hazards, risks and precautions. I certify that the control measures will prevent or, if this is not possible, control the risk subject to the level shown in Section 3 (above) and that staff will be adequately trained and supervised, and the identified control measures implemented. The contents of this assessment will be communicated to staff and all relevant persons.

Signature of Assessor/ Accountable Manager	<i>Elijah Ogunseye</i>	Date: 01/08/2020
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Probability of Injury/Loss/Harm (P)

1	Very Unlikely
2	Possible
3	Probable
4	Very Likely

Severity of Injury/Loss/Harm (S)

1	Minor	Mild bruising, minor cuts, mild chemical irritation to eyes or skin. No absence from session.	Minor property damage
2	Serious	Loss of consciousness, burns, breaks or injury resulting in absence from work/session for more than 3 work/sessions. Other non-permanent chemical effects.	Serious property damage within storage or work area
3	Major	Permanent disability or other reportable injury or disease.	Major property damage affecting the ability to carry out session. Or severe damage to area.
4	Fatal	Death	Property damage affecting the loss of one or more pieces of equipment.

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GENERAL RISKS:

Task	Hazard(s)	Who might be harmed	Before controls (initial risk)			Control Measures (current)	Control Measures (proposed)	After controls (revised risks)			Overall Risk
			P	S	P*S			P	S	P*S	
1	Setting up equipment	Coaches	P	S	P*S	Ensure staff are aware of correct manual handling techniques.	Ensure staff are aware of correct manual handling techniques.	P	S	P*S	1
			2	1	2			1	1	1	
2	Faulty equipment	Coaches/ Participants	2	1	2	Ensure all equipment is checked and maintained.	Ensure all equipment is checked and maintained.	1	1	1	1
3	Incorrect handling of equipment	Coaches/ Participants	2	2	4	Provide adequate training on set up and take down of equipment.	Provide adequate training on set up and take down of equipment.	1	1	1	1
4	Slips, trips and falls	Coaches/ Participants	2	1	2	Ensure appropriate clothing and footwear is worn. Ensure all areas are kept clear and free from obstacles.	Ensure appropriate clothing and footwear is worn. Ensure all areas are kept clear and free from obstacles.	1	1	1	1
5	Injury caused through incorrect technique	Coaches/ Participants	2	1	2	Ensure that correct techniques for equipment is enforced.	Ensure that correct techniques for equipment is enforced.	1	1	1	1
6	Weather conditions	Coaches/ Participants	2	1	2	Ensure play is halted if the weather conditions are poor.	Ensure play is halted if the weather conditions are poor.	1	1	1	1
Risk Assessment		Low	Average Risk before control			2.33	Highest Risk Score on any Hazard	4			
			Average Risk after control			1					

COVID-19 RISKS:

Task	Hazard(s)	Who might be warned	Before controls (initial risk)			Control Measures (current)	Control Measures (proposed)	After controls (revised risks)			Overall Risk
			P	S	P*S			P	S	P*S	
1	Handling equipment	Coaches/ Participants	P	S	P*S	Ensure all equipment is disinfected prior to and following all sessions.	Ensure all equipment is disinfected prior to and following all sessions.	P	S	P*S	2
			2	2	4			2	1	2	
2	Overcrowding/ congestion	Coaches/ Participants	2	2	4	Ensure to follow FA and government guidelines, by working with participants in small groups.	Adhere to FA guidelines (5/6 participants: 1 coach). Maintaining 2 meter distance where applicable.	2	1	2	2
3	Contact with equipment or other participants	Coaches/ Participants	2	2	4	Ensure hand sanitizer is available for all participants and coaches to use readily during session.	Ensure hand sanitizer is available for all participants and coaches to use readily during session.	2	1	2	2
Risk Assessment		Low	Average Risk before control			4	Highest Risk Score on any Hazard	4			
			Average Risk after control			2					

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LIST OF ALL EQUIPMENT USED:

1	4 Large goals incl. metal posts, ground pegs and netting.
2	4 Small goals incl. metal posts, ground pegs and netting.
3	Agility pole sets (x12)
4	Footballs (x30)
5	Plastic cones (x40)
6	Colored Bibs (x30)
7	First Aid Kit (x2)

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